



中國澳門籃球總會
Associação Geral de Basquetebol de Macau - China
Macau - China Basketball Association

澳門東望洋街塔石體育館
Rue de Ferreira do Amaral, Pavilhão Polidesportivo Tap Seac, Macau
Tel / Fax: (853) 2856 1218
E-mail: mcba853@gmail.com
Website : www.basketball.org.mo

MCBA 3x3 Coach Certification Course and 3x3 Basketball Training Camp Regulations

Organized by:
Macau China Basketball Association



Hosted by:
Seer Sports



Sponsored by:
H Beauty Starring Macau



Supported by:
Falcons



1) Background

To promote the development of 3x3 basketball in Macau, enhance the professional level of coaches, and improve the quality of youth basketball training, the Macau China Basketball Association (MCBA) and Seer Sports are collaborating to host the first-ever MCBA 3x3 Coach Certification Course and 3x3 Basketball Training Camp.

2) Objectives

- Enhance the professional skills of 3x3 basketball coaches in Macau.
- Cultivate young basketball talents through the 3x3 Basketball Training Camp.
- Promote the popularity and development of 3x3 basketball in Macau.

3) Event Plan

- Event Duration: 3 days during the Easter period, from April 4 to 6.
- Event Content:

1. MCBA 3x3 Basketball Coach Certification Course:

- Conducted by professional 3x3 Olympic winning team coaches arranged by MCBA.
- The first Level 1 3x3 basketball coach certificate will be issued.
- Qualified coaches will be prioritized for recruitment as independent coaches for MCBA and Seer Sports 3x3 Basketball Training Camps.

Course Content:

- Differences between 3x3 and 5x5 basketball: In-depth explanation of rules, tactics, and game frameworks.
- Coach's role and player selection: Exploring the importance of coaches in 3x3 and key criteria for player selection.
- Specialized 3x3 training and physical preparation: Designing training and fitness plans tailored to 3x3 game characteristics.
- Practical application of course content in the 3x3 Charity and Results Class.
- Date: April 4, 14:00 to April 6, 13:00 (2.5 days).

2. 3x3 Basketball Training Camp:

- Targeted at youth, providing 3x3 basketball training.

Course Content:

- Basic skill training: Strengthening fundamental skills such as shooting, passing, and dribbling.
- Date: April 6, 14:00 – 16:00 (2 hours).

3. 3x3 Basketball Charity/Results Class:

- Led by coaches who have passed the first MCBA 3x3 Coach Certification Course.



中國澳門籃球總會
Associação Geral de Basquetebol de Macau - China
Macau - China Basketball Association

澳門東望洋街塔石體育館
Rue de Ferreira do Amaral, Pavilhão Polidesportivo Tap Seac, Macau
Tel / Fax: (853) 2856 1218
E-mail: mcb853@gmail.com
Website : www.basketball.org.mo

Course Content:

- Free basic 3x3 basketball training will be provided to designated local charitable organizations, non-profit organizations, or social service organizations.
- Date: April 6, 10:00 – 13:00 (3 hours).

4. 3x3 Macau Representative Team Training Camp:

- Coached by an Olympic gold medal winning coach to enhance the team's competitive level and mastery of advanced 3x3 techniques.
- Date: April 6, 17:00 – 19:00 (2 hours).

4) Registration Details

Registration Period: March 3 to March 21, 2025.

Venue: To be confirmed.

Course Registration:

1. MCBA 3x3 Basketball Coach Certification Course:

Fee: MOP 1,800 per person (Online registration link: (<https://forms.gle/ASK82Es6J2tsiJEA9>)

For those willing to become designated 3x3 coaches for the Macau China Basketball Association, the fee is MOP 1,000 per person. A designated coach declaration form must be completed. The form and registration link can be obtained from the Macau China Basketball Association/Seer Sports.

2. 3x3 Basketball Training Camp:

Fee: MOP 600 per person (Online registration link: (<https://forms.gle/E3c9pEsvLVmMM15N9>)

3. 3x3 Basketball Charity/Results Class: Sponsored and free of charge.

4. 3x3 Macau Representative Team Training Camp: Sponsored and free of charge.

5) Personal Data Collection Statement

The personal and related information provided by participants in the registration form, as well as copies of identification documents submitted, will only be used by the Association for competition-related purposes.

6) Supplementary Regulations

The Association reserves the right to amend these regulations as necessary. Any matters not covered herein will be handled at the discretion of the Association. The Association retains all rights to modify event content.

7) Insurance

Participants are advised to purchase their own accident insurance as needed.

If you have any questions, please feel free to call the Macau China Basketball Association during office hours at +853 2850118, or contact Seer Sports at +853 6654 6951 / WeChat ID: S6289485